

## Letter to Insurance carriers

Regarding: Insurance coverage for the EsophyX™ TIF 2.0 procedure for gastroesophageal reflux disease

## Dear Medical Director,

Gastroesophageal reflux disease (GERD) is one of the most common medical conditions in the United States, affecting millions of patients. The impact of this disease burden is significant for patients, payors and the healthcare community. While the majority of patients are well treated with medication and lifestyle changes, they are inadequate for many patients. There are now a number of surgical and endoscopic options for patients suffering from GERD which have been proven to be safe and effective. EsophyX™ is a device for performing transoral incisionless fundoplication (TIF) for treating gastroesophageal reflux disease. The procedure reconstructs the valve at the entry to the stomach to help prevent acid reflux, analogous to what is done during laparoscopic fundoplication surgery.

The FDA approved the original EsophyX™ device for patients with chronic GERD in 2007 and the first published report of using the device was in 2008. A next-generation version EsophyX™ device received FDA approval in 2016, offering advantages of simplified use. The procedure itself was also updated from TIF 1.0 to the TIF 2.0; additional fasteners are placed on the far posterior and anterior sides of the lesser curvature as well as 1–3 cm proximal to the GE junction with version 2.0 to generate a more physiological valve. Company data report that more than 22,000 TIF procedures have been performed worldwide to date

Currently, the supportive literature for TIF includes more than 100 publications including 4 randomized controlled trials of TIF  $2.0^{1-4}$  (one RCT was published twice). Meta-analysis of those 4 studies found that patients who underwent TIF were more likely to attain the standard of responsiveness at six months compared with the control group treated with PPIs/sham (66% vs 30.5%, respectively and the pooled relative risk of response rate was 2.44, 95% CI: 1.25-4.79, p = 0.009) in the intention-t-treat analysis. Hence, the literature supports that TIF 2.0 is effective in controlling regurgitation, reducing GERD symptoms, and reducing PPI usage in GERD patients without a >2cm hiatal hernia.

The TIF 2.0 procedure was granted a Category 1 CPT code by the CPT Editorial Panel of AMA based on strong clinical data and with broad multi-specialty support including the Society of American Gastrointestinal and Endoscopic Surgeon (SAGES), the American College of Surgeons (ACS), the American Society of Gastrointestinal Endoscopy (ASGE), the American College of Gastroenterology (ACG), and the American Gastroenterology Association (AGA). The TIF 2.0 procedure is a covered benefit for all Medicare beneficiaries across the country.

The American Foregut Society (AFS) Board has concluded that there are sufficient data supporting TIF 2.0 as a safe and effective treatment for GERD in properly selected patients. Furthermore, the body of evidence is such that the EsophyX™ device and TIF 2.0 procedure is not investigational and should be covered by all payor organizations as it is by Medicare.



Respectfully,

The AFS Board

Reginald Bell M.D.

Tripp Buckley M.D.

Marcia Canto M.D.

Ken Chang M.D.

Christy Dunst M.D.

Bob Ganz M.D.

Santiago Horgan M.D.

Blair Jobe M.D.

Peter Kahrilas M.D.

Phil Katz M.D.

David Katzka M.D.

John Lipham M.D.

Dan Lister M.D.

Joel Richter M.D.

Felice Schnoll-Sussman M.D.

Mike Smith M.D.

Lee Swanstrom M.D.

Rena Yadlapati M.D.

## References

- 1. Hunter JG\*, Kahrilas PJ\*, Bell RCW, et al. Efficacy of transoral fundoplication vs omeprazole for treatment of regurgitation in a randomized controlled trial. *Gastroenterology* 2015;148:324–333.
  - \*Co-first authors
- 2. Trad KS, Barnes WE, Simoni G, et al. Transoral incisionless fundoplication effective in eliminating GERD symptoms in partial responders to proton pump inhibitor therapy at 6 months: the TEMPO Randomized Clinical Trial. Surg Innov 2015 Feb;22(1):26-40.
- 3. Håkansson B, Montgomery M, Cadiere GB, et al. Randomised clinical trial: transoral incisionless fundoplication vs. sham intervention to control chronic GERD. Aliment Pharmacol Ther. 2015 Dec;42(11-12):1261-70.
- 4. Witteman BP, Conchillo JM, Rinsma NF, et al. Randomized controlled trial of transoral incisionless fundoplication vs. proton pump inhibitors for treatment of gastroesophageal reflux disease. Am J Gastroenterol 2015 Apr;110(4):531-42.
- 5. Huang X, Chen S, Zhao H, et al. Efficacy of transoral incisionless fundoplication (TIF) for the treatment of GERD: a systematic review with meta-analysis. Surg Endosc 2017 Mar;31(3):1032-1044.